

## A Review of Incel-Related Cases 1938–2020

1. **Tsuyama Massacre**, 5/21/1938, Kamo, Tsuyama, Japan  
Mutsuo Toi, 21

Around 1934, Toi began participating in the practice of Yobai (night crawling), the ancient Japanese custom during which young men sneak into a woman's bedroom and, if she consents, they have intercourse. In rural Japan, it was a normal way to find a spouse. In 1937, he was diagnosed with tuberculosis and the women of the village began rejecting his sexual advantages. This led to feelings of isolation and loneliness. In his suicide notes, he wrote about the tuberculosis turning him into a social pariah. He decided to kill those who he felt had wronged him.

On the evening on May 20, 1938, Toi cut the power to the village. He started his rampage around 1:30am by killing with grandmother so she wouldn't have to live with the shame of his actions. Over the next 90 minutes, he killed another 29 neighbors – approximately half the population of the village. He then shot and killed himself.

<https://historycollection.co/dont-know-tsuyama-massacre-tuberculosis-tipped-madman-edge/>

<https://episodes.fm/1156343076/episode/YTNmNjZIM2EtYWM2NC00M2MOLTkyNmUtNGYxYjNINzQzY2M4>

2. **Rose-Mar College of Beauty Shooting**, 11/13/1966, Mesa, Arizona  
Robert Benjamin (Benny) Smith, 18

Smith shot and killed four women and a three-year-old girl. He told police, "I wanted to get known, just wanted to get myself a name." Smith was a poor student, having repeated grades in school, and was teased or ignored by other children. Smith was strongly affected by assassination of President John F. Kennedy, his personal hero. He began an interest in true crime and a fascination with assassins and murderers. His grades improved, but his social isolation worsened. A classmate recalled, "I'm sure he never dated a girl at our school." He reportedly "entertained fantasies in which women were shot or stabbed."

Smith took inspiration from the mass killings by Richard Speck in Chicago and Charles Whitman in Austin, Texas and began planning his attack in the summer of 1966. He chose the beauty school hoping for a large death toll.

<https://www.nydailynews.com/news/crime/beauty-salon-massacre-article-1.273663>

[https://schoolshooters.info/sites/default/files/smith\\_analysis\\_1.0.pdf](https://schoolshooters.info/sites/default/files/smith_analysis_1.0.pdf)

3. **St. Pius X High School Shooting**, 10/27/1975, Ottawa, Ontario, Canada  
Robert Poulin, 18

After raping and killing a girl at his home, Poulin went to the school and shot seven people, killing one of them, and then killed himself. Poulin had been obsessed with sex and pornography. He kept a scrapbook of nude men and women, a collection of hardcore pornography books and magazines, detailed ratings of photographs and advertisements and an index of several pornographic magazines.

Prior to the school shooting, Poulin was suspected in several cases of indecent exposure and attempted rape at the apartment building near his home. In his diary, he wrote, "I don't want to die before I have had the pleasure of fucking some girl," although having recently discovered a sex doll, he also wrote, "Now I no longer think that I will have to rape a girl, and am unsure as to whether or not I will still commit suicide."

<https://www.cbc.ca/news/canada/manitoba/winnipeg-woman-who-survived-ottawa-school-shooting-reflects-on-la-loche-attack-1.3417757>

[https://schoolshooters.info/sites/default/files/expanding\\_the\\_sample\\_1.5.pdf](https://schoolshooters.info/sites/default/files/expanding_the_sample_1.5.pdf)

4. **Queen Street Massacre**, 12/8/1987, Melbourne, Victoria, Australia  
Frank Vitkovic, 22

Vitkovic killed eight people then killed himself by jumping out the 11<sup>th</sup> story window at the Australia Post building. He went to the building planning to kill a former classmate, Con Margelis. After Margelis escaped, Vitkovic opened fire. He was stopped by two employees who were able to disarm him.

In his diary, he wrote, "It's hard for a self conscious guy like me to talk to girls with confidence" and "since the age of 12 I knew that normal sex was not possible for me and I avoided girls completely until I was 19."

<https://www.theage.com.au/national/melbourne-remembers-queen-st-massacre-20071207-gdrrjv.html>

<https://www.pressreader.com/australia/herald-sun/20121208/281792806335304>

<http://www.murderpedia.org/male.V/v/vitkovic-frank.htm>

[https://incels.wiki/w/Frank\\_Vitkovic](https://incels.wiki/w/Frank_Vitkovic)

5. **École Polytechnique Massacre, 12/6/1989, Montreal, Quebec, Canada**  
Marc Lépine, 25

Lépine had twice failed in his application for the school and had long complained about women working in “non-traditional” jobs. He entered an engineering classroom and separated the men and women. He killed 14 women before killing himself. He left a note that was largely an anti-feminist rant.

His suicide note includes, “[Women] want to retain the advantages of being women (e.g. cheaper insurance, extended maternity leave preceded by a preventive leave) while trying to grab those of the men” and “Thus, it is self-evident that if the Olympic Games removed the Men/Women distinction, there would be only be women in the graceful events. So the feminists are not fighting to remove that barrier.” He wrote, “They are so opportunistic that they neglect to profit from the knowledge accumulated by men throughout the ages. They always try to misrepresent them every time they can.”

<https://toronto.citynews.ca/2006/12/06/citynews-rewind-the-montreal-massacre/>

<https://www.smithsonianmag.com/history/mass-shooting-reshaped-canadian-debate-about-guns-and-political-identity-180962013/>

6. **University of Iowa Shooting, 11/1/1991, Iowa City, Iowa**  
Gang Lu, 28

Lu was a doctoral student at the University of Iowa studying astronomy and physics. He was distressed after learning his dissertation did not win the prestigious D.C. Spriestersbach Dissertation Prize that came with a \$2,500 cash prize. He also learned that the departments did not have enough money to fund his postdoctoral research position and felt that because of this, he would not be able to get a job and would have to return to China. He attended a meeting with the department on November 1<sup>st</sup> and several minutes into the meeting, pulled out a revolver and shot and killed four faculty before killing himself. Three of the faculty shot were on his dissertation committee and the fourth was the winner of the Spriestersbach prize.

Before the shooting, Lu typed out five letters with the intention of sending them to news organizations. These letters talked about his academic grievances, personal failures and identified several of the targets in the shooting. Among those failures was his difficulties dating. He wrote to his sister, “Though I am single, I have had a few girlfriends. When I lived in the dormitory in high school I had already started to have girlfriends. When I went to college I often slipped into our old home at the Number 262 Hospital under cover of darkness and spent the night with girls. After I came to the States I had liaisons with Chinese and American women, with single and married women, with girls of good families and girls of the streets. I just don’t have a constant heart in these matters; the grass always looks greener somewhere else, and I can’t be satisfied with any particular person. Maybe I didn’t meet the right one, or perhaps I thought either that they were too good for me or I was too good for them. No matter what the answer is, I feel a bit fed up with male-female relationships.”

<https://www.nytimes.com/1991/11/04/us/iowa-gunman-was-torn-by-academic-challenge.html?ref=michelmariott>

<https://www.desmoinesregister.com/story/news/2016/10/28/nov-1-1991-day-university-shooting-rampage-shocked-iowa/92053548/>

[https://incels.wiki/w/Gang\\_Lu](https://incels.wiki/w/Gang_Lu)

[https://schoolshooters.info/sites/default/files/lu\\_sister\\_letter\\_1.0.pdf](https://schoolshooters.info/sites/default/files/lu_sister_letter_1.0.pdf)

7. **Oklahoma City Bombing**, 4/19/1995, Oklahoma City, Oklahoma  
Timothy McVeigh, 26, and Terry Nichols, 40

McVeigh and Nichols used homemade explosives inside a rental truck to bomb the Alfred P. Murrah building, killing 168 people and injuring more than 500. They were associated with the Patriot Movement, an extreme right-wing group that rejects the legitimacy of the federal government.

McVeigh may have developed a resentment against women after his parents divorced and his mother left him with his father. He never had a girlfriend in high school. Later, a coworker described his anger and indifference toward women. Fellow soldiers said he was extremely uncomfortable and awkward around women. had complained about being rejected by women. He told reporters, "In the past thirty years, because of the women's movement, they've taken an influence out of the household." The bombing killed more women than men.

<https://www.cnn.com/2013/09/18/us/oklahoma-city-bombing-fast-facts/index.html>

<https://www.washingtonpost.com/wp-srv/national/longterm/oklahoma/stories/chron.htm>

<https://www.thecut.com/2016/07/mass-killers-terrorism-domestic-violence.html>

<https://www.washingtonpost.com/wp-srv/national/longterm/oklahoma/bg/mcveigh.htm>

<https://www.wsws.org/en/articles/2001/04/mcve-a19.html>

8. **Unabomber**, 1978-1996  
Theodore (Ted) Kaczynski, 54

Kaczynski's first bomb exploded in 1978 at a Chicago university. Over the next 17 years, he mailed or hand delivered a series of bombs that killed three and injured 24 more. In 1995, he sent investigators a 35,000-word essay about his motives and views. The manifesto was published and Kaczynski's brother, David, was able to identify him by the writings.

At his arrest, Kaczynski was 54 and had never had a girlfriend. Growing up, he had trouble connecting with other people, in part because of his above average intelligence. He went on a few dates with a co-worker and she gave him his first kiss at age 36, soon after which she ended their nascent relationship. He proceeded to write unflattering limericks about her and post them around the work site. He was fired from the job by his brother, who was both of their supervisor at the time.

Kaczynski apparently struggled to even approach women. In his journal, he writes about a girl he had a crush on who worked at a gas station. He bought a new pair of jeans to walk up to her, but ended up crying at his campfire, having lost the nerve. He was also upset when his brother became engaged, writing to him that they were both virgins and David was breaking their bond. He wrote in his manifesto, “feminists are desperately anxious to prove that women are as strong and as capable as men. Clearly they are nagged by a fear that women may NOT be as strong and as capable as men.”

<https://www.fbi.gov/history/famous-cases/unabomber>

<https://www.oxygen.com/true-crime-buzz/what-was-unabomber-ted-kaczynskis-relationship-with-women>

<http://editions-hache.com/essais/pdf/kaczynski2.pdf>

9. **Pearl High School Shooting**, 10/1/1997, Pearl, Mississippi  
Lucas (Luke) Woodham, 16, six co-conspirators (Grant Boyette, 18, Wesley Brownell, 17, Donald Brooks II, 17, Allen Shaw; 18, and Justin Sledge, 16)

Woodham entered the school and opened fire, killing two students and wounding seven others. Prior to the shooting, Woodham had murdered his mother with a knife. Six other teenagers were later arrested as well as co-conspirators. The group called themselves the Kroth and were led by Boyette, a self-described Satanist. A manuscript written by Woodham was discovered that talks about taking revenge on those he believed slighted him.

In his journal, he wrote “With this writing, I do swear, that I shall never get myself in a position where I can be hurt by a woman ever again. To myself I swear this, and to the higher powers I swear this.” His manifesto refers to his difficulty dating, saying, “I only loved one thing in my whole life and that was Christina Menefee. But she was torn away from me. I tried to save myself with [student’s name], but she never cared for me. As it turns out, she made fun of me behind my back while we were together.” Woodham and Menefee, who was killed in the attack, dated about a year before the shooting.

<https://www.nytimes.com/1997/10/15/us/grim-details-emerge-in-teen-age-slaying-case.html>

<https://people.com/archive/cover-story-the-avenger-vol-48-no-18/>

<https://schoolshooters.info/sites/default/files/Luke%20Woodham%20Writings.pdf>

10. **Thurston High School Shooting**, 5/20-21/1998, Springfield, Oregon  
Kipland Kinkel, 15

Kinkel shot fellow students in the school cafeteria. He killed two and wounded 25 others. The day before, he had killed his parents at their home. Kinkel was diagnosed with paranoid schizophrenia and was not medicated at the time of the shooting. He wrote in an essay, “Love at first sight is only in movies. Where the people in the movies are better than you... My cold black heart has never and never will experience true love. I can tell you one about love. It does more harm than good. I plan to live in a big black hole. My firearms and [illegible] will be the only

things to fight my isolation. I would also like to point out Love is a horrible thing. It makes things kill and hate.”

His journal reflects his loneliness and romantic frustrations, “Every time I talk to her, I have a small amount of hope. But then she will tear it right down. It feels like my heart is breaking. But is that possible. I am so consumed with hate all of the time. Could I ever love anyone? I have feelings, but do I have a heart that’s not black and full of animosity?... I need help. There is one person that could help, but she won’t. I need to find someone else. I think I love her, but she could never love me. I don’t know why I try.”

<https://www.npr.org/2018/05/22/612465197/20-years-ago-oregon-school-shooting-ended-a-bloody-season>

<https://www.pbs.org/wgbh/pages/frontline/shows/kinkel/kip/cron.html>

<https://www.pbs.org/wgbh/pages/frontline/shows/kinkel/kip/writings.html>

11. **Columbine Shooting**, 4/20/1999, Littleton, Colorado  
Eric Harris, 18, and Dylan Klebold, 17

Harris and Klebold killed 15 people and wounded 28 others before killing themselves. They booby-trapped school hallways with at least 12 bombs. They had planned the attack for a year. The plan involved setting off propane bombs in the cafeteria and gunning down any survivors, then exploding their cars to kill anyone outside the school. However, they failed at wiring the timers correctly. They filmed a number of videos prior to the attack discussing their plans.

Harris didn’t seem to have any long-term relationships. He seemed more interested in sex than a relationship, though, writing, “Right now I’m trying to get fucked and trying to finish off these time bombs. NBK came quick. why the fuck cant I get any? I mean, I’m nice and considerate and all that shit, but nooooo. I think I try to hard. but I kinda need to considering NBK is closing in.” He also wrote, “If people would give me more compliments all of this [the attack] might still be avoidable.... You know what, maybe I just need to get laid. Maybe that’ll just change some s--- around.”

<https://www.denverpost.com/1999/04/21/columbine-high-school-shooting/>

<https://slate.com/news-and-politics/2004/04/at-last-we-know-why-the-columbine-killers-did-it.html>

<https://heavy.com/news/2019/04/eric-harris-dylan-klebold-the-basement-tapes/>

<http://www.acolumbinesite.com/eric/writing/journal/journal.php>

<https://www.psychologytoday.com/intl/blog/keeping-kids-safe/201007/sex-love-and-school-shooters-eric-harris?amp>

[https://incels.wiki/w/Dylan\\_Klebold\\_and\\_Eric\\_Harris](https://incels.wiki/w/Dylan_Klebold_and_Eric_Harris)

12. **Rancho Cordova Massacre**, 8/31/2001, Rancho Cordova, California  
Nikolay Soltys, 27

Soltys was a Ukrainian immigrant who lived with his elderly aunt and uncle, two young cousins and his pregnant wife and young son. Soltys killed all six of them. His wife was beaten and stabbed. He led police on a 10-day manhunt before he was captured.

According to someone at their church, Soltys abused his wife and was upset that she had taken a job at a grocery store. Notes found suggested the killings were retribution against relatives for things they said, and he and his wife reportedly fought about her job the day of the murders.

<https://www.sfgate.com/news/article/PROFILE-Nikolay-Soltys-Neighbors-describe-the-2882438.php>

[https://theworldlink.com/manhunt-for-fugitive-ends-in-his-mothers-back-yard/article\\_a35138d6-3b77-52f3-9a8f-f6da58204168.html](https://theworldlink.com/manhunt-for-fugitive-ends-in-his-mothers-back-yard/article_a35138d6-3b77-52f3-9a8f-f6da58204168.html)

13. **Sacramento Rampage**, 9/10/2001, Sacramento, California  
Joseph Ferguson, 20

Ferguson was suspended from his job with Burns after his ex-girlfriend reported him for vandalizing her car with an ax after she broke up with him. The breakup was in part because of his anger and jealousy when she went on a two-month trip to her homeland of Moldova.

Ferguson, a suspended security guard, killed five people and wounded two others during a 24-hour rampage through Sacramento. His former girlfriend, a Burns security guard, was his first victim. His other victims were Burns security guards and a city employee. He then took a Burns supervisor and his wife hostage for several hours. He forced him to record a video in which Ferguson rants, mostly against his former girlfriend, but also several colleagues and his mother, who is in prison for molesting her Ferguson and his brother. In it he says, "I'm going to see fit that that happens... Either a bullet to my brain, or a . . . cop will kill me... [the killings] should be good enough to last about a week on the news. It's time to feed the news media." He killed the supervisor before fleeing with the woman in their car. He eventually released her to make sure the tape got released. After exchanging gunfire with police, he crashed into a pole. Police found him in the car dead of a self-inflicted gunshot wound.

<https://www.sfgate.com/news/article/Sacramento-rampage-5-shot-dead-Slayer-kills-2881164.php>

<https://www.latimes.com/archives/la-xpm-2001-sep-11-mn-44550-story.html>

14. **Arizona Nursing College Shooting**, 10/28/2002, Tucson, Arizona  
Robert Flores Jr., 41

Flores killed three professors, one in her office and two in a classroom, and then himself. He had failed one class and was in danger of flunking out of the school. Prior to the shootings, he had mailed a letter to the Arizona Daily Star that they received the day after the shootings. In it, he

gives his personal background and the hopelessness he felt. He called the shootings a “reckoning” and “a settling of accounts.”

Flores had been married for 10 years, but had an acrimonious divorce, during which his ex-wife accused him of cruelty and abuse. He believed the nursing school was biased against men, writing, “While the college does maintain a small minority student body it is primarily white women from upper middle class backgrounds between the ages of 20 and 25. The college promotes and desires diversity but they only want their approved diversity and no other. In many ways male nursing students are ‘tokens.’”

<https://www.cbsnews.com/news/4-dead-in-univ-of-arizona-shooting/>

[https://azdailysun.com/gunman-s-letter-tries-to-explain-university-shootings/article\\_7fc942b7-2411-5e32-93cc-2be3e46b522d.html](https://azdailysun.com/gunman-s-letter-tries-to-explain-university-shootings/article_7fc942b7-2411-5e32-93cc-2be3e46b522d.html)

15. **Rocori High School Shooting**, 9/24/2003, Cold Spring, Minnesota  
John Jason McLaughlin, 15

McLaughlin arrived at his high school with a loaded .22 caliber pistol, waited outside the school gym in the locker room and shot and killed two students he claimed had bullied him over his acne. McLaughlin used the handle “sharpestshot290” and would talk online with a female student he had romantic feelings for, often talking about violent fantasies he had. On the day of the shooting, he sent her an email not to tell the police about their conversations and said goodbye.

[https://schoolshooters.info/sites/default/files/John\\_Jason\\_McLaughlin\\_Psychological\\_Evaluation\\_0\\_0.pdf](https://schoolshooters.info/sites/default/files/John_Jason_McLaughlin_Psychological_Evaluation_0_0.pdf)

[http://news.minnesota.publicradio.org/features/2003/09/24\\_ap\\_schoolshooting/](http://news.minnesota.publicradio.org/features/2003/09/24_ap_schoolshooting/)

16. **Platte Canyon School Hostage Crisis**, 9/27/2006, Bailey, Colorado  
Duane Roger Morrison, 53

Morrison took six girls hostage at the high school. He molested them all, then released four of them before SWAT stormed the classroom. During the confrontation with SWAT, Morrison killed one of the remaining hostages before killing himself. That day he mailed a letter to his brother. In it, he apologizes to his family and acknowledges his pending death. He also writes about the abuse he suffered from his father. He was often seen watching girls at the pool in his apartment complex and several female residents complained about his lewd or suggestive comments.

<https://web.archive.org/web/20071111213926/http://www2.gazette.com/display.php?id=1322126&secid=1>

<https://www.cbsnews.com/pictures/colorado-hostage-horror/12/>

17. **Amish Schoolhouse Shooting**, 10/2/2006, Nickel Mines, Pennsylvania  
Charles Carl Roberts IV, 32



Roberts, a milk tank driver who worked on several nearby Amish farms, went to the single-room Amish schoolhouse and lured students into the school claiming he lost an item there and needed help looking for it.

Once inside, he barricaded the door with wooden boards and held the students and teachers hostage. He ordered the boys and several adults to leave, leaving him with ten female students. He shot and killed five students, injuring three others before killing himself. He left behind three separate suicide notes where he confessed to molesting two young female relatives twenty years ago and he had begun having fantasies of doing it again.

<https://www.theguardian.com/us-news/2016/oct/02/amish-shooting-10-year-anniversary-pennsylvania-the-happening>

<https://www.nytimes.com/2006/10/03/us/03amish.html>

18. **Virginia Tech Shooting**, 4/16/2007, Blacksburg, Virginia  
Seung-Hui Cho, 23

Cho was a senior, majoring in English. Born in South Korea, he became a permanent US resident in 1992. Early in the morning of April 16<sup>th</sup>, he shot and killed two people in a residence hall. A couple hours later, he mailed a package to NBC containing video, photographs and a manifesto. He then entered a classroom building, locked several doors, and went from room to room shooting people, killing another 30 and injuring 23. After about 10 minutes, he shot and killed himself.

A month before the shooting, Cho hired an escort to meet him at a motel about two hours from the campus. She rejected him partway into their time together. He was also rejected by a female classmate after he wrote a poem on the whiteboard outside her room.

<https://www.history.com/this-day-in-history/massacre-at-virginia-tech-leaves-32-dead>

<https://www.cnn.com/2013/10/31/us/virginia-tech-shootings-fast-facts/index.html>

<https://nypost.com/2007/04/24/cho-paid-me-to-be-escort/>

[http://www.nbcnews.com/id/18202709/ns/us\\_news-crime\\_and\\_courts/t/high-school-classmates-say-gunman-was-bullied/](http://www.nbcnews.com/id/18202709/ns/us_news-crime_and_courts/t/high-school-classmates-say-gunman-was-bullied/)

19. **Akihabara Massacre**, 6/8/2008, Chiyoda, Tokyo, Japan  
Tomohiro Kato, 27

Kato drove a rental truck into a crowd of pedestrians in a crowded shopping district, then started stabbing people indiscriminately with a survival knife. At least seven people were killed and 12 wounded.

Three days before the attack, an incident at work made him believe he would lose his job. He posted about that online, as well as posting about his anger and loneliness. He wrote, "I don't have a single friend and I won't in the future. I'll be ignored because I'm ugly." He lamented his

lack of romantic relationships, writing, “If I had a girlfriend, I wouldn’t have just left my job or be addicted to my cellphone. A man with hope could never understand this.”

<https://web.archive.org/web/20080610162858/http://edition.cnn.com/2008/WORLD/asiapcf/06/09/japan.attack.ap/index.html>

<https://www.reuters.com/article/us-japan-stabbing/man-stabs-shoppers-in-tokyo-street-killing-seven-idUST27752620080608>

[https://web.archive.org/web/20080613005327/http://www.straitstimes.com/Latest%2BNews/Asia/STIStory\\_246337.html](https://web.archive.org/web/20080613005327/http://www.straitstimes.com/Latest%2BNews/Asia/STIStory_246337.html)

20. **Henry Ford Community College Shooting**, 3/10/2009, Dearborn, Michigan  
Anthony Powell, 28

Powell shot and killed Asia McGowan, 20, and then himself in the fine arts center on campus. He had reportedly harassed her online and posted misogynistic and anti-atheism YouTube videos ranting against black women and other groups he disagreed with.

[https://www.mlive.com/news/2009/04/person\\_with\\_gun\\_reported\\_at\\_mi.html](https://www.mlive.com/news/2009/04/person_with_gun_reported_at_mi.html)

<https://www.youtube.com/watch?v=wrP9XEjX028>

<https://lostmediawiki.com/Tony48219> (partially found videos by religious YouTuber; 2007-2009)

21. **LA Fitness Shooting**, 8/4/2009, Collier, Pennsylvania  
George Sodini, 48

Sodini, angry about being rejected by women, entered an aerobics class, dimmed the lights and opened fire, killing three women, before shooting himself in the head. He had kept a blog of his plans to commit the killings for months.

In it, he admits that he hadn’t had sex in 19 years and hadn’t had a girlfriend in 25. His blog details his loneliness and frustration at the rejection he feels from women. He consistently uses objectifying language when talking about women, referring to them as “edible,” “hoez,” and “so beautiful as to not be human.” He asserts that he is not responsible for his difficulties, writing, “Everthing stays the same regardless of the effort I put in. If I had control over my life then I would be happier. But for about the past 30 years, I have not.” Those efforts including attending dating classes by Don Steele, who proports to teach older men how to date younger men and insists “nice guys must die.”

<https://archive.triblive.com/news/one-year-later-scars-of-collier-la-fitness-rampage-remain/>

<https://www.telegraph.co.uk/news/worldnews/northamerica/usa/5978615/George-Sodinis-blog-tells-of-years-of-rejection-by-women-before-gym-shooting.html>

<https://abcnews.go.com/US/story?id=8258001&page=1>

[http://www.nbcnews.com/id/32335641/ns/us\\_news-crime\\_and\\_courts/t/sodini-was-devoted-follower-dating-guru/#.XrBQO6hKiwc](http://www.nbcnews.com/id/32335641/ns/us_news-crime_and_courts/t/sodini-was-devoted-follower-dating-guru/#.XrBQO6hKiwc)

22. **Sandy Hook Shooting**, 12/14/2012, Newtown, Connecticut  
Adam Lanza, 20

On the morning of December 14<sup>th</sup>, Lanza shot and killed his mother in their home. He then drove in her car to the Sandy Hook elementary school dressed in all black, wearing yellow earplugs, sunglasses and a green utility vest. He shot and killed 26 people, 20 of them children between the ages of 6-7. The Lanza house was later searched, and hundreds of journal pages were found detailing his preoccupation with violence, particularly mass shootings and children.

Lanza was on the autism spectrum and social anxiety. He was fixated on routine and cleanliness. He claimed to have been raped or molested by doctors in his youth, with the consent of his parents. On the online forum "Shocked Beyond Belief," Lanza posted under the username "Smiggles" and earned a reputation as a pedophile. He wrote, "I don't think there should be any age of consent, but since no matter what I say everyone will accuse me of just wanting to justify some latent pedophilia I allegedly have, I will only say that you need to be attracted to prepubescents to be considered a pedophile. A 50-year-old who is attracted to pubescent 12-year-olds is not a pedophile; a 16-year-old who is attracted to 8-year-olds is a pedophile."

There is some debate about Lanza's history with and view of women. He wrote on the forum, "I used to think that I was asexual, but the primary reason why I thought that was because my BMI was 14." There was a Word document found on his computer giving an explanation of "why females are inherently selfish." However, he had disdain for all people, saying "I incessantly have nothing other than scorn for humanity. I have been desperate to feel anything positive for someone for my entire life."

<https://globalnews.ca/news/4587548/sandy-hook-shooter-journals-released/>

<https://www.history.com/this-day-in-history/gunman-kills-students-and-adults-at-newtown-connecticut-elementary-school>

<https://www.oxygen.com/crime-time/adam-lanza-sandy-hook-shooter-documents-reveal-violent-obsessive-mind>

[https://schoolshooters.info/sites/default/files/lanza\\_posts\\_2.2.pdf](https://schoolshooters.info/sites/default/files/lanza_posts_2.2.pdf)

<https://www.newsweek.com/misogyny-and-mass-murder-paired-yet-again-252567>

<https://www.csmonitor.com/The-Culture/Family/Modern-Parenthood/2013/0417/Adam-Lanza-bullied-as-student-at-Sandy-Hook-his-mother-considered-suicidal>

23. **Boston Marathon Bombing**, 4/15/2013, Boston, Massachusetts  
Dzhokhar Tsarnaev, 19, and Tamerlan Tsarnaev, 26

Two bombs went off near the finish line of the Boston Marathon, killing three and wounding more than 260 other people. The bombs were homemade pressure cooker bombs. After several days of searching, older brother Tamerlan was killed in an exchange with police. Younger brother Dzhokhar was arrested the next day.

During Dzhokhar's trial, Tamerlan was accused of being emotionally abusive toward his wife and cheating on her. During their relationship and under his influence, she became isolated from others, including former friends. Dzhokhar's past tweets include "text back with your titties on it" and "guys who allow women to control them and make decisions for them are pathetic #growapair."

<https://www.cnn.com/2013/06/03/us/boston-marathon-terror-attack-fast-facts/index.html>

<https://www.boston.com/news/local-news/2015/05/12/11-things-we-learned-in-the-sentencing-phase-of-dzhokhar-tsarnaevs-trial>

<https://nymag.com/intelligencer/2013/04/dzhokhar-tsarnaev-twitter-tweets-boston-suspect.html>

24. **Isla Vista Killings**, 5/23/2014, Isla Vista, California  
Elliot Rodger, 22

22-year-old Elliot Rodger killed six people and injured fourteen outside of the University of California, Santa Barbara. He stabbed three people to death in his apartment complex, then drove to the campus sorority houses and shot three women, two of which died. He then drove to a nearby deli, shot and killed a male student inside. He got back into his BMW and drove at a high rate of speed into crowds of pedestrians until having a standoff with police and completing suicide.

Just before his attack at the sorority house, he uploaded a video to YouTube titled "Elliot Rodger's Retribution" where he talks about his motive, blaming women for rejecting him and punishing men he envied. He then emailed a lengthy manifesto titled "My Twisted World: The Story of Elliot Rodger" to friends, family members and his therapist. This manifesto talks about his difficulties during childhood, family issues, struggles with romantic rejection and moreover his hatred towards women and couples.

Rodger's manifesto has been embraced by the incel community. It begins with, "All of my suffering on this world has been at the hands of humanity, particularly women." He details his childhood and his resentment that his mother had not "married into wealth instead of being selfish." He felt that wealth was his only path to sex. He also wrote of "how cruel I think women are by nature" and that "All of those beautiful girls I've desired so much in my life, but can never have because they despise and loathe me, I will destroy." Though he says he was bullied by boys in school, he hated the girls even more, since they "flock to these men. Their evil acts are rewarded by women; while the good, decent men are laughed at."

As his anger and frustrations grew, he “began to have fantasies of becoming very powerful and stopping everyone from having sex. I wanted to take their sex away from them, just like they took it away from me. I saw sex as an evil and barbaric act, all because I was unable to have it. This was the major turning point. My anger made me stronger inside. This was when I formed my ideas that sex should be outlawed. It is the only way to make the world a fair and just place. If I can’t have it, I will destroy it. That’s the conclusion I came to, right then and there.”

He felt entitled to sex and blamed women for not providing it to him. He wrote of his anger that a friend of his roommates was lost his virginity at 13. “How could an inferior, ugly black boy be able to get a white girl and not me? I am beautiful, and I am half white myself. I am descended from British aristocracy. He is descended from slaves. I deserve it more... This just proves how ridiculous the female gender is. They would give themselves to this filthy scum, but they reject ME? The injustice!” His feelings are largely defined in the following quote: “Women are sexually attracted to the wrong type of man. This is a major flaw in the very foundation of humanity. It is completely and utterly wrong, in every sense of the word.”

<https://www.cnn.com/2014/05/24/us/elliott-rodger-video-transcript/index.html>

<https://www.bbc.com/news/world-us-canada-43892189>

<https://www.cnn.com/2014/05/25/justice/california-shooting-revelations/index.html>

<https://www.independent.com/2015/02/20/elliott-rodger-report-details-long-struggle-mental-illness/>

25. **Portsmouth Stabbings**, 6-7/2014, Portsmouth, UK  
Ben Moynihan, 18

Moynihan was convicted of attempted murder for stabbing three women as they walked home. He sent a letter to the police daring him to catch him, in which he wrote, “All women needs to die.” In a letter found by the police, he wrote, “I was planning to murder women as an act of revenge because of the life they gave me, I’m still a virgin at 17.” In a video found on his laptop, he said “I think every girl is a type of slut, they are fussy with men nowadays, they do not give boys like us a chance.”

<https://www.bbc.com/news/uk-england-hampshire-31765086>

[https://www.salon.com/2015/01/23/i\\_think\\_every\\_girl\\_is\\_a\\_type\\_of\\_slut\\_what\\_an\\_attempted\\_mass\\_murderers\\_words\\_reveal\\_about\\_our\\_sexual\\_culture/](https://www.salon.com/2015/01/23/i_think_every_girl_is_a_type_of_slut_what_an_attempted_mass_murderers_words_reveal_about_our_sexual_culture/)

26. **Germanwings Flight 9525**, 3/24/2015, French Alps  
Andreas Lubitz, 28

About a half hour into a two-hour flight from Barcelona, Spain to Duesseldorf, Germany, the captain left the cockpit to use the lavatory. Shortly after, the plane began descending. The co-pilot did not respond to air traffic control and would not open the cockpit door to readmit the captain. The plane continued its descent and crashed in the French Alps. All 144 passengers and six crew members were killed. Investigators found that this could only have been deliberate.

Lubitz grew up in Germany and had always wanted to fly. He joined the flight academy right out of high school but dropped out after a couple of months. He was diagnosed as suffering from a “deep depressive episode.” After six months of intensive treatment, he was cleared to resume flight training, however, any further psychiatric treatment, including meds, would end his flying career. When filling out his documentation with the FAA to attend a training program in the US, Lubitz lied and answered no when asked if he had ever been diagnosed with “mental disorders of any sort,” but was discovered. However, he was able to provide a doctor’s report declaring him cured, and was able to continue in the program.

While Lubitz had a girlfriend, many in the incel community have hailed him as a hero. They claim that he crashed the plane because he was upset about a breakup and blame his girlfriend for “cucking” him.

<https://www.bbc.com/news/world-europe-32072218>

<https://www.gq.com/story/germanwings-flight-9525-final-moments>

<http://www.wehuntedthemammoth.com/2015/03/27/internet-incels-celebrate-andreas-lubitz-the-alleged-killer-co-pilot-of-germanwings-flight-9525-as-a-legitimate-slayer-and-an-incel-hero/>

27. **Charleston Church Shooting**, 6/17/2015, Charleston, South Carolina  
Dylann Roof, 21

Roof attended a bible study group at a historically black church and after about an hour, stood up and started shooting. He confessed to shooting and killing nine people, saying he wanted to start a race war. He wrote a lengthy manifesto which was largely a racist and anti-Semitic rant against several groups, but primarily focused on “the group that is the biggest problem for Americans... Niggers are stupid and violent.” He accuses black Americans of raping “our women and are taking over our country.” However, most of his victims were black women.

<https://myfox8.com/news/charleston-shooting-suspect-dylan-roof-confesses-to-killing-9-people/>

<https://abcnews.go.com/US/charleston-shooting-happened-inside-church/story?id=31855652>

<https://media.thestate.com/static/roofmanifesto.pdf>

<https://nypost.com/2018/06/29/what-do-so-many-mass-shooters-have-in-common-a-hatred-of-women/>

[https://www.postandcourier.com/church\\_shooting/friend-says-dylann-roof-desired-black-women-wanted-face-tattoo/article\\_3b3618da-0828-11e7-aba3-c3099a862f1e.html](https://www.postandcourier.com/church_shooting/friend-says-dylann-roof-desired-black-women-wanted-face-tattoo/article_3b3618da-0828-11e7-aba3-c3099a862f1e.html)

28. **Live TV Shooting**, 8/26/2015, Roanoke, Virginia  
Vester Lee Flanagan II, 41

Flanagan killed journalists, and former colleagues, Alison Parker and Adam Ward on air, while also recording on his own body camera. He shot himself hours later, after writing about the shooting on twitter, uploading his video to Facebook and sending a manifesto to ABC news. In it, he said that as a gay, black man he had been a victim of discrimination and sexual harassment. He had been fired from the station in 2013, and his complaint against the station had been dismissed. ABC News received a 23-page fax from Flanagan about two hours after the attack. In it, he says “what sent me over the top was the [Charleston] church shooting.” He admires the Columbine and Virginia Tech killers. He talks about being attacked by black men and white women.

<https://www.nytimes.com/2015/08/27/us/wdbj7-virginia-journalists-shot-during-live-broadcast.html>

<https://www.usatoday.com/story/news/nation/2015/08/27/flanagan-virginia-guns-background-checks/32477133/>

<https://www.cnn.com/videos/us/2015/08/26/wdbj-shooting-live-report-amateur-video.cnn>

<https://abcnews.go.com/US/shooting-alleged-gunman-details-grievances-suicide-notes/story?id=33336339>

29. **Umpqua Community College Attack**, 10/1/2015, Roseburg, Oregon  
Chris Harper-Mercer, 26

Harper-Mercer killed nine and injured seven others before shooting himself. He targeted Christians, asking them to stand before shooting them one by one. In his manifesto, he wrote, “I have always been the most hated person in the world. Ever since I arrived in this world, I have been under siege from it. Under attack from morons and idiots.... My whole life has been one lonely enterprise. One loss after another. And here I am, 26, with no friends, no job, no girlfriend, a virgin. I long ago realized that society likes to deny people like me these things. People who are elite, people who stand with the gods.” He compared himself to “Elliot Rodger, Vester Flanagan, the Columbine kids, Adam Lanza and Seung Cho.”

<https://www.latimes.com/nation/la-na-school-shootings-2017-story.html>

[https://www.oregonlive.com/pacific-northwest-news/2015/10/umpqua\\_community\\_college\\_gunma\\_1.html](https://www.oregonlive.com/pacific-northwest-news/2015/10/umpqua_community_college_gunma_1.html)

30. **4Chan Threat**, 10/1/2015, Philadelphia, Pennsylvania

A post on 4chan linked the October 1 shooting in Oregon to possible upcoming shootings in Philadelphia. The post read, "This is only the beginning. The Beta Rebellion has begun. Soon, more of our brothers will take up arms to become martyrs to this revolution. On October 5, 2015 at 1:00 PM CT, a fellow robot will take up arms against a university near Philadelphia. His cries will be heard, his victims will cower in fear, and the strength of the Union will decay a little

more." "Beta Uprising" is a common theme on 4chan, rallying men who believe they are "beta" rather than "alpha" males.

<https://www.cosmopolitan.com/college/news/a47276/4chan-beta-rebellion/>

<https://www.dailydot.com/layer8/4chan-school-threat-colleges-r9k-harassment-beta-uprising-oregon-shooting/>

31. **Planned Parenthood Shooting**, 11/27/2015, Colorado Springs, Colorado  
Robert Lewis Dear Jr.

Dear killed three and shot nine others at a Planned Parenthood clinic. He claimed to be a "warrior" for unborn children. However, he had a history of violence against women. Two of three ex-wives accused him of physical abuse. In 1992, he was arrested and accused of sexual violence and rape. That case involved a woman who worked at a mall who Dear repeatedly asked out and called, even after she refused. She says that he came to her home and raped her at knife point; he claims the sex was consensual.

<https://www.denverpost.com/2018/02/13/colorado-springs-planned-parenthood-shooter-still-incompetent/>

[https://www.washingtonpost.com/national/before-colorado-shooting-a-long-history-of-violence-against-women/2015/12/01/7f494c86-987b-11e5-8917-653b65c809eb\\_story.html](https://www.washingtonpost.com/national/before-colorado-shooting-a-long-history-of-violence-against-women/2015/12/01/7f494c86-987b-11e5-8917-653b65c809eb_story.html)

32. **Pulse Nightclub Shooting**, 6/12/2016, Orlando, Florida  
Omar Mateen, 29

Mateen killed 49 people and injured 53 others at Latin Night at Pulse Nightclub, apparently as a rebuke against American violence in Muslim countries. He was killed by SWAT about three hours after the attack began. He claimed ties to ISIS and referred to the Boston Marathon bombers as his "homeboys."

Mateen had a history of domestic abuse. He was accused of beating his ex-wife and taking her paychecks. His wife at the time of the attack was described at her trial as "a severely abused woman who was in realistic fear for her life from her abusive husband." (She was accused and acquitted of aiding him in the attack.)

[https://nymag.com/intelligencer/2016/06/orlando-nightclub-shooting-leaves-20-dead.html#\\_ga=2.187674920.1236671971.1589073149-146945661.1589073149](https://nymag.com/intelligencer/2016/06/orlando-nightclub-shooting-leaves-20-dead.html#_ga=2.187674920.1236671971.1589073149-146945661.1589073149)

<https://www.thecut.com/2016/07/mass-killers-terrorism-domestic-violence.html>

<https://www.rollingstone.com/politics/politics-news/in-orlando-as-usual-domestic-violence-was-ignored-red-flag-90139/>

<https://www.orlandosentinel.com/news/pulse-orlando-nightclub-shooting/os-fritz-scheller-noor-salman-trial-lessons-20180425-story.html>



33. **Nice Truck Attack**, 7/14/2016, Nice, France  
Mohamed Lahouaiej Bouhlel, 31

Bouhlel drove a truck into a large Bastille Day crowd in Nice, France, and exchanged gunfire with police before being shot to death. Eighty-four people were killed and over 300 were wounded. He did not have direct ties to any terrorist group but did have a history of domestic violence. A neighbor described him as “more into women than religion.” He wife had left him two years prior to the Nice attack after he became violent with her.

<https://www.nytimes.com/2016/07/16/world/europe/nice-france-truck-attack-what-we-know.html>

<https://www.nydailynews.com/news/world/nice-attacker-mohamed-lahouaiej-bouhlel-article-1.2712654>

<https://www.thecut.com/2016/07/mass-killers-terrorism-domestic-violence.html>

34. **Lucky 97 Security Guard**, 7/31/2016  
Sheldon Bentley, 38

Bentley stomped on a man sleeping in the alley behind the store where he was employed as a security guard, killing the man. Bentley was driven by his frustration about his “involuntarily celibacy” for the four years prior to the attack.

<https://www.cbc.ca/news/canada/edmonton/edmonton-involuntary-celibacy-sheldon-bentley-manslaughter-jail-1.4803943>

[https://www.vice.com/en\\_ca/article/ev8ekp/edmonton-man-uses-involuntary-celibacy-as-excuse-in-stomping-death](https://www.vice.com/en_ca/article/ev8ekp/edmonton-man-uses-involuntary-celibacy-as-excuse-in-stomping-death)

35. **Las Vegas Music Festival Shooting**, 10/1/2017, Las Vegas, Nevada  
Stephen Paddock, 64

From a window in his room at the Mandalay Bay Resort and Casino, Paddock shot at a country music festival, killing 58 people and injuring more than 850. Police were able to locate his room, where they found a surveillance camera pointing down the hallway. They entered the room and found that he had shot himself. In the week before the attack, he carried 21 suitcases to his room filled with weapons and ammunition. No clear motive was ever discovered however, we do know that Paddock had a history of domestic abuse. He regularly demeaned her in public, with one witness recalling him saying “I’m paying for your drink, just like I’m paying for you.”

<https://qz.com/1094160/las-vegas-shooter-stephen-paddock-abused-women-just-like-other-mass-killers-in-the-us/>

<https://abcnews.go.com/US/anatomy-las-vegas-mass-shooting-deadliest-modern-us/story?id=59797324>

<https://www.npr.org/2019/01/29/689821599/fbi-finds-no-motive-in-las-vegas-shooting-closes-investigation>

36. **Texas Church Shooting**, 11/5/2017, Sutherland Springs, Texas  
Devin Patrick Kelley, 26

Kelley killed 26 people at Sutherland Springs First Baptist Church. He fled and was pursued by police and a civilian. He had sent threatening text messages to his mother-in-law, who has attended the church. He was wounded, but ultimately took his own life. Kelly was court-martialed in 2012 for assaulting his spouse and their child. The Air Force failed to submit his fingerprints to the FBI, which would have prevented him from obtaining a weapon through a background check.

<https://www.usatoday.com/story/news/nation-now/2018/06/29/autopsy-sutherland-springs-texas-church-gunman/745951002/>

<https://www.washingtonpost.com/national-security/2018/12/08/air-force-failed-six-times-keep-guns-texas-church-shooter-before-he-killed-report-finds/>

<https://www.dallasnews.com/news/politics/2019/11/01/sutherland-springs-shooter-rejected-by-dicks-sporting-goods-bought-weapon-at-academy-wife-says/>

<https://www.npr.org/sections/thetwo-way/2017/11/06/562299408/texas-church-shooter-may-have-been-motivated-to-kill-by-domestic-situation>

37. **Aztec High School**, 12/7/2017, Aztec, New Mexico  
William Atchison, 21

Atchison disguised himself as a student to enter the high school, where he killed two students and then himself. After the attack, police found a thumb drive and a note that read, "If things go according to plan, today would be when I die. I go somewhere and gear up, then hold a class hostage and go apeshit, then blow my brains out." In the years before, Atchison had been in contact online with other school shooters. His online presence was rife with white supremacist posts and an obsession with school shooters. He used the pseudonym "Elliot Rodger," calling him the "supreme gentelman." In 2016 he was questioned by the FBI but convinced them he was a harmless troll.

<https://www.nbcnews.com/news/us-news/aztec-high-school-shooting-gunman-disguised-himself-randomly-killed-school-n827881>

<https://web.archive.org/web/20240204234853/https://www.daily-times.com/story/news/crime/2018/04/17/aztec-high-school-shooting-investigation-william-atchison/513013002/>

<https://www.thedailybeast.com/new-mexico-school-shooter-had-secret-life-on-pro-trump-white-supremacy-sites>

<https://www.latimes.com/local/lanow/la-me-ln-elliott-rodger-incele-20180426-story.html>

<https://www.youtube.com/watch?v=CcKhN5JISZs>

38. **Stoneman Douglas High School Shooting**, 2/14/2018, Parkland, Florida  
Nikolas Cruz, 19

Cruz had been expelled from the school for “disciplinary reasons.” He returned on the 14<sup>th</sup> in an Uber, carrying a backpack filled with magazines and a duffel contained his AR-15. A staff member who saw him radioed a “Code Red” to initiate a lockdown, but Cruz entered the school and assembled the rifle in a stairwell. He warned one student to leave the school; this student told a school security monitor. Cruz fired down a hallway, killing 11 and injuring 13 others. He went upstairs and killed six more and injured another four. He then went to the faculty lounge and fired at students as they ran outside but was slowed by hurricane impact-resistant glass in the windows. He left the school by blending in with other students and was apprehended a little while later.

Cruz had recorded videos declaring that he would be “the next school shooter of 2018.” Police had been called to his family home 39 times since 2010. He had threatened students and wasn’t allowed in campus with a backpack on.

His online presence was rife with racism, homophobia, anti-Semitism and misogyny. He referred to white women in interracial relationships as traitors. In another post, he praised Elliot Rodger.

<https://www.history.com/this-day-in-history/parkland-marjory-stoneman-douglas-school-shooting>

<https://youtu.be/lyJTBK1UNs4>

<https://www.thesun.co.uk/news/5582904/nikolas-cruz-florida-shooting-marjory-stoneman-douglas-trial-rifle/>

<https://www.cnn.com/2018/02/25/us/nikolas-cruz-warning-signs/index.html>

<https://www.cnn.com/2018/02/16/us/exclusive-school-shooter-instagram-group/index.html>

<https://www.haaretz.com/opinion/call-the-douglas-high-shooting-by-its-name-an-anti-semitic-attack-1.5842172>

39. **Toronto Van Attack**, 4/23/2018, Toronto, Ontario, Canada  
Alek Minassian, 25

Minassian drove his van onto a crowded sidewalk, killing 10 people and injuring 16. He began planning in earnest about a month before the attack, carefully choosing the van in a size that he could maneuver but would do a lot of damage. The exact location was chosen because he saw a lot of people walking there. He only stopped the attack when “someone’s drink got splashed on my windshield, and I was worried that I would crash the van anyways.” He planned to die through suicide by cop, but the officer arrested him without violence. Minutes before the

attack, he posted on Facebook, "The Incel rebellion has already begun! All hail the Supreme Gentleman Elliot Rodger!"

After his arrest, he told police that he had communicated with Elliot Rodger and Chris Harper-Mercer and they inspired his attack. He said of Rodger, "We discussed our frustrations at society and being unable to get laid." He had been bullied in school and during his brief time in the military. He had never had a girlfriend and said that after the attack by Rodger, he began spending more and more time on incel-related forums. He told police, "It's basically a movement of angry incels such as myself who are unable to get laid, therefore we want to overthrow the Chads which would force the Stacys to be forced to reproduce with the incels."

<https://www.cbc.ca/news/canada/toronto/alek-minassian-police-interview-1.5298021>

<https://torontosun.com/news/local-news/inside-the-terrifying-violent-world-of-incel-subculture>

<https://nationalpost.com/news/canada/toronto-van-attack-police-interview>

<https://www.scribd.com/document/427612854/Alek-Minassian-Interview>

40. **United States Attempted Mail Bombing**, 10/2018, Aventura, Florida  
Cesar Sayoc, 56

Sayoc was charged with mailing packages containing homemade pipe bombs to prominent critics of Donald Trump, including Barak Obama and Hillary Clinton. None of the fourteen bombs he sent exploded. He was found after investigators discovered a fingerprint on an envelope sent to Rep. Maxine Waters.

Sayoc had a long criminal record, including an arrest in 2002 for making a bomb threat and had been accused of domestic violence. Months before the mail bombs, he tossed a cup of urine on two women on a moped. He then pulled his van alongside them and swerved at them.

<https://www.nytimes.com/2018/10/25/nyregion/pipe-bombs-sent-democrats.html>

<https://www.bbc.com/news/world-us-canada-45996655>

<https://www.local10.com/news/2018/11/30/maniac-trump-supporter-cesar-sayoc-once-tossed-urine-on-2-women/>

<https://www.miamiherald.com/news/local/community/broward/article220672300.html>

41. **Tallahassee Yoga Studio Shooting**, 11/2/2018, Tallahassee, Florida  
Scott Beierle, 40

Beierle, a self-proclaimed misogynist, killed two people and injured five others before killing himself at a yoga studio in Tallahassee. He had a history of violence against women, having been caught on video slapping and grabbing the buttocks of a woman at an apartment pool complex and grabbing another woman's in a Florida State University dining hall.

He had posted racist and misogynist videos to YouTube and songs to SoundCloud. One of the songs included the lyrics "To hell with the boss that won't get off my back /To hell with the girl I can't get in the sack." In his videos, he mentioned Elliot Rodger, called black women "ugly and disgusting" and described times when women rejected his advances. He refers to women as "sluts" and "whores" and in reference to women in interracial relationships, "There are whores in — not only every city, not only every town, but every village."

<https://www.npr.org/2018/11/04/664157610/gunman-in-yoga-studio-attack-had-a-criminal-history-posted-racist-and-sexist-vid>

<https://www.buzzfeednews.com/article/talalansari/la-fitness-tallahassee-yoga-shooter-incels-misogyny>

<https://www.buzzfeednews.com/article/davidmack/tallahassee-yoga-shooter-incel-far-right-misogyny-video>

42. **Capital Gazette Shooting**, 12/28/2018, Annapolis, Maryland

Jarrold Ramos, 39

Ramos blasted his way into the newsroom and shot and killed five people. In 2011, the Capital Gazette ran a column about Ramos' guilty plea for harassing a former high school classmate, and he held onto a grudge against the paper. According to that article, Ramos contacted the woman over Facebook when she tried to back out of the connection, he called her vulgar names and eventually told her to kill herself. In one email he wrote, "Have another drink and go hang yourself, you cowardly little lush. Don't contact you again? I don't give a (expletive). (Expletive) you."

<https://nypost.com/2018/06/29/what-do-so-many-mass-shooters-have-in-common-a-hatred-of-women/>

<https://nypost.com/2018/06/28/newsroom-targeted-in-shooting-ran-story-on-suspects-harassment-conviction/>

43. **Women's March Threat**, 01/2019, Provo, Utah

Christopher Cleary, 27

Cleary went to Provo, Utah and on the day before the Women's March, he posted to his Facebook page, "All I wanted was a girlfriend. ... All I wanted was to be loved, yet no one cares about me I'm 27 years old and I've never had a girlfriend before and I'm still a virgin, this is why I'm planning on shooting up a public place soon and being the next mass shooter cause I'm ready to die and all the girls the turned me down is going to make it right by killing as many girls as I see."

Cleary lived in Denver and was on probation for stalking and harassment charges. He was not allowed to travel out of state but went to Utah to see some basketball games. He told police that he felt lonely at the games and said "It was weird because I'm looking at all these people and they're all happy and everybody has their family and everybody is out on their dates with their girlfriends. And I'm like the only one there and I remember feeling sad. And I remember I

left the game at halftime and I remember I was riding on the train. And I think that's when I posted something about killing people and killing girls and I'm never going to find everybody."

He had previously posted a woman's phone number on Craigslist in ads soliciting sex and made threats of violence, including a text message to a woman saying "I own multipul guns I can have u dead in a second."

<https://www.deseret.com/utah/2019/9/27/20887214/man-who-threatened-to-shoot-as-many-girls-as-he-could-says-he-was-lonely>

<https://www.thelily.com/hes-been-given-second-chances-now-the-man-who-pledged-to-kill-as-many-girls-as-i-see-is-going-to-prison/>

44. **Mall of America Attack**, 04/12/2019, Bloomington, Minnesota  
Emmanuel Deshawn Aranda, 24

Aranda was at the Mall of America "looking for someone to kill" after being rejected by women at the mall for years. He approached a 5-year-old boy at random, picked him up, and threw him over a third-floor railing. He fled the scene and was captured on a light rail train. The boy suffered severe head trauma and broken bones.

A few nights before this, his sister reported him to police for going to her house and punching her. His history of violence also includes an incident at a restaurant when he hit a customer over the head with a plate and threatened him with a knife. He once threw water and tea at a woman after she refused to buy him food.

<https://www.nbcnews.com/news/us-news/mall-america-attacker-gets-19-years-throwing-boy-over-railing-n1013156>

<https://www.mprnews.org/story/2019/05/14/mother-of-alleged-moa-kidtosser-tells-his-story>

<https://nypost.com/2019/04/17/more-evidence-shows-mall-of-america-suspect-is-just-a-terrible-person/>

<https://minnesota.cbslocal.com/2019/04/12/witnesses-woman-says-her-child-was-thrown-from-3rd-floor-balcony-at-mall-of-america/>

<https://www.amren.com/news/2019/09/5-year-old-boy-thrown-off-mall-of-america-balcony-by-stranger-returns-home-after-five-months-in-hospital/>

45. **Sudbury Michael's Stabbing**, 06/03/2019, Sudbury, UK  
Alexander Stavropoulos, 25

Stavropoulos stabbed a 35-year-old woman multiple time and injured her baby in a parking lot of Michael's in Sudbury, UK. The victim was chosen at random, but Stavropoulos said he was "out to murder a little white girl." He told police that he likes "white women," but because they "won't fuck me," it made him "want to kill, for some reason. I just don't know why." He said he

was inspired by Alek Minassian, who drove a van into a crowd of pedestrians in Toronto in April 2018, and also identified as an incel.

Stavropoulos thought about the attack for months. He was under an order not to possess knives outside of his home after an April 2018 incident in which he charged officers and was shot by police while holding two knives. However, he purchased a pack of utility knives at Home Depot and then went to the Michael's parking lot. After watching people for an hour or two, he chose a woman and her two daughters, aged three and eight-months, as his targets. He attacked the woman as she was putting the three-year-old in her carseat. However, as he told the police, the baby was his real target – "I tried to stab the child, I'm not denying that."

He stopped his attack when a witness to the attack approached the car to confront him.

<https://torontosun.com/news/provincial/sudbury-incel-attacker-told-cops-i-was-going-to-kill-a-child>

<https://www.timminstoday.com/local-news/sudbury-incel-knife-attacker-told-police-he-was-out-to-murder-a-little-white-girl-2018572>

46. **Dallas Federal Courthouse Shooting**, 6/17/2019, Dallas, Texas  
Brian Clyde, 22

Clyde opened fire on the federal building in the morning on June 17, 2019. He was killed by Federal Protective Service officers. No one else was killed in the attack.

Clyde grew up in a military family and served in the army for two years but was dishonorably discharged from the military in 2017. According to some of the men he served with, Clyde was a gun enthusiast who participated in military reenactments. He was active on social media, sharing far-right political memes, including one that referred to a "Chad rampage" vs. a "virgin shooting." The Chad vs. virgin is a common incel meme.

<https://www.dallasnews.com/news/2019/06/18/what-we-know-about-brian-clyde-the-gunman-who-opened-fire-at-the-federal-courthouse-in-downtown-dallas/>

<https://www.texasmonthly.com/politics/dallas-courthouse-shooter-brian-clyde-radicalized/>

<https://www.airforcetimes.com/off-duty/military-culture/2019/06/21/air-force-cautions-troops-to-beware-of-sexless-involuntary-celibates/>

47. **Dayton Shooting**, 8/4/2019, Dayton, Ohio  
Connor Betts, 24

Betts, wearing body armor and carrying high capacity magazines, fired into a crowd outside a Dayton nightclub, killing nine and injuring dozens. He fired at least 41 times in 30 seconds before being shot and killed by police. His sister was killed in the attack.

According to a friend, "He was kind of hateful to women because they didn't want to date him." In high school, Betts made a list that threatened violence or sexual violence against those on it,

mostly girls. At least one of the girls on the list had turned him down when he expressed interest in her. "After that, it turned into cold hatred the way he stared at me," she said.

<https://www.wlwt.com/article/police-dayton-gunman-fired-at-least-41-shots-in-30-seconds-killing-9/28599430>

<https://www.cnn.com/2019/08/05/us/connor-betts-dayton-shooting-profile/index.html>

48. **Chicago Women's Reproductive Health Clinic Threat**, 8/21/2019, Chicago, Illinois  
Farhan Sheikh, 19

Sheikh posted a threat on iFunny, angry at the state abortion laws and saying that he would go to the clinic and "slaughter and murder any doctor, patient, or visitor." He included the date of the attack in the post. He was charged with transmitting a threat in interstate commerce.

<https://www.cnn.com/2019/08/19/us/chicago-abortion-clinic-online-threat/index.html>

49. **German Hookah Bar Attack**, 2/19/20, Hanau, Germany  
Tobias Rathjen, 43

In a shooting spree in and around a hookah bar and a cafe, Rathjen killed shot and killed nine people before killing his mother and himself. His victims were of foreign background, mostly Turkish. He had posted a 24-page manifesto espousing extreme-right, deeply racist views, calling for the populations of dozens of middle eastern and Asian countries to be wiped out entirely. He also talks about his fears of government surveillance and blames it for his lack of relationships with women. He wrote that "for my whole life I haven't had a wife or girlfriend, for the last 18 years exclusively because... I know I'm being surveilled."

<https://nypost.com/2020/02/20/german-gunman-who-killed-9-posted-manifesto-calling-for-genocide/>

50. **Cyberstalking Case**, 4/21/2020, Los Angeles, California  
Carl Bennington, 33

Over the course of many years, Bennington used multiple social media accounts to send hundreds of unsolicited and graphic messages to women and young girls. He threatened them with physical and sexual violence. One victim started receiving them when she was only 14 years old. He had several Facebook posts expressing sympathy for Elliot Rodger and calling him "a victim."

<https://www.justice.gov/usao-cdca/pr/covina-man-arrested-federal-charge-alleging-he-cyberstalked-and-threatened-violence>

<https://www.nbcnews.com/news/us-news/california-man-promoting-incele-ideology-charged-allegedly-threatening-teens-n1189206>