



Suicide Prevention:

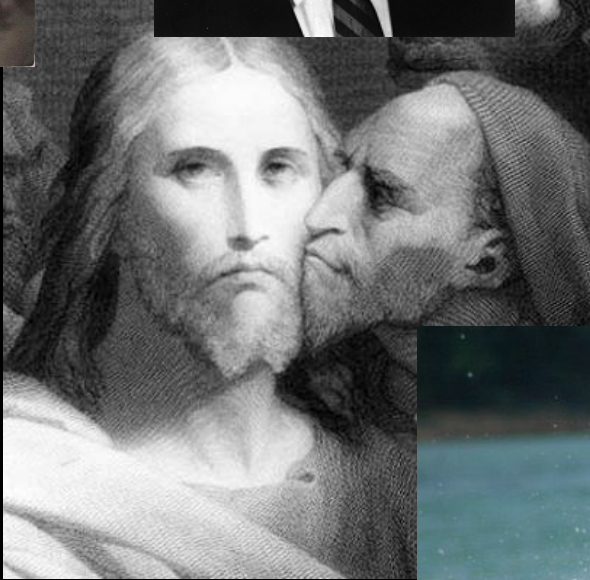
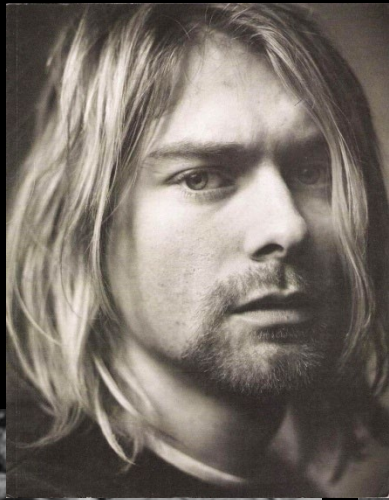
A Community Focus

Your Presenter



Dr. Brian Van Brunt

Dr. Brian Van Brunt has worked in the counseling field for more than 25 years, and specializes in educational counseling, behavioral intervention and support, and issues related to mental health and alcohol/substance abuse by students. He is the Director of Behavioral and Threat Management for DPREP Safety. He previously served as the Assistant Deputy Director of Training for Secure Community Network (SCN), past president of NABITA, a partner with TNG law firm and past president of the American College Counseling Association. Dr. Van Brunt is a prolific writer, having authored dozens of books, book chapters, and articles. He has additionally produced various assessment instruments, video training materials, and lives in New Hampshire and New Orleans.













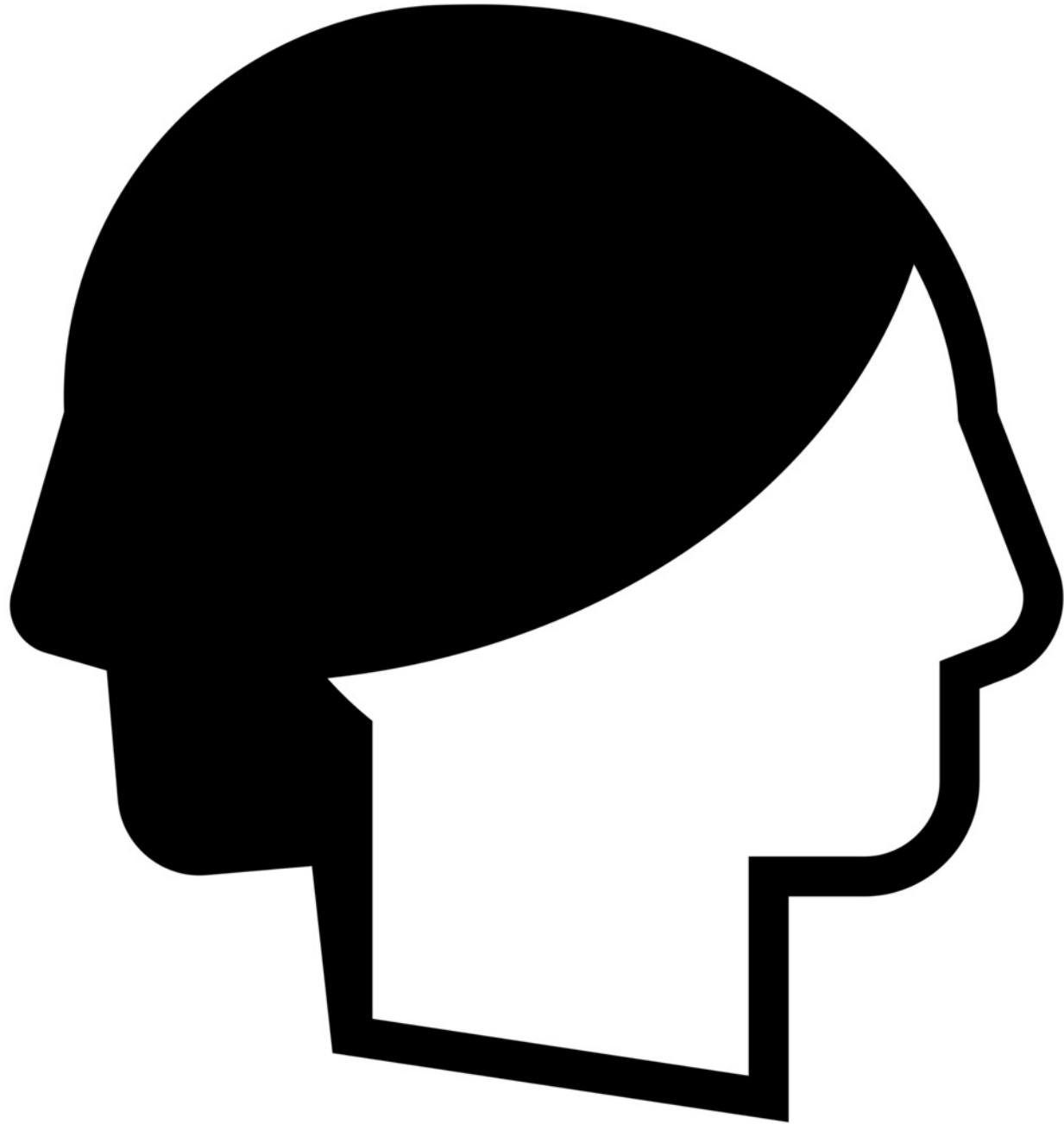


Suicide rates have been rising in the U.S. over the last two decades — and that the most recent numbers show the highest age-adjusted suicide rate since 1941.

Journal of the American Medicine





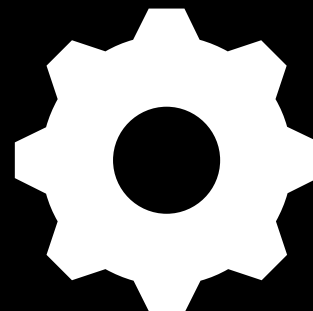


**There is
opportunity in
their
ambivalence**

A row of wooden blocks is shown in a shallow depth of field. The block in the foreground on the right is in focus and features a black silhouette of a person. Other blocks in the background are blurred, showing various symbols and colors, including a red and white pattern. The overall scene is set against a neutral, light-colored background.

**We can stop suicide with
care and compassion**

IDEA



ACTION



1.

Recognize they are in trouble

2.

Ask the suicide question

3.

Find opportunity to intervene

Be there

A

**Equip yourself
with tools**

B

**Know what to do
with “yes”**

C







Outpatient Therapy



Group Therapy



Online Therapy





Mentor Conversations

Job-Support





School-Based Accommodations

Community Classes



Friends



Family



Siblings



Sports



Gaming





Martial Arts



Art Night



Cooking Class



Hiking Group

Animal Shelter





**Big Brother/
Big Sister**

Homeless Shelter





Nursing Home

Youth Groups



Choir



Social Justice



Protective Factors

An Exploration of the Risk, Protective, and Mobilization Factors Related to Violent Extremism in College Populations

Brian Van Brunt, EdD¹, Amy Murphy, PhD² and Ann Zedginidze, MA, EdM³

Abstract

In the wake of recent escalations and attacks involving members of college and university communities, the authors explore a specific and detailed investigation of how a student, faculty, or staff's radical ideologies can move from strongly held beliefs to extremist violence. Using a case study methodology in addition to a literature review, the authors identify and summarize 30 cases of violence or terrorism motivated by an ideological belief to identify the factors related to violent extremism. This article examines risk factors for violent extremism, mobilization factors contributing to violent actions, and protective factors that reduce the potential for violence to provide a risk assessment model for college and university behavioral intervention teams or threat assessment teams.

Keywords: college violence, terrorism, extremist ideology, threat assessment

Introduction

CAMPUS BEHAVIORAL INTERVENTION and threat assessment teams (BITS/TATs) have become increasingly concerned with how to identify the potential for radicalization of students, faculty, and staff toward extremist violence. There have been several recent attacks, including Alexandre Bissonnet at a mosque in Quebec (Austen and Smith 2017), Abdul Razak Ali Artan at Ohio State (Grinberg et al. 2016), and Dzhokhar Anzorovich "Jahar" Tsarnaev and Tamerlan Tsarnaev at the Boston Marathon (Candiotti 2013), where a radicalized individual carried out a terrorist attack on a college campus or was connected to a college community.

In the wake of the 2016 presidential election, campuses are also seeing an increase in incidents of hardened and fixated political ideologies (Fox News 2017; Hauser 2016; McCarthy 2016), leading to harmful debate, aggressive exchanges, and potential violence requiring a greater understanding of the processes wherein an individual moves from radical thoughts to violent extremism.

When a radicalized individual or group embraces violence as a justified pathway to achieve their political, religious, or social goals, this can transform to extremism and terrorism (Pressman 2016). All sources show a progressive

connection from radicalism to extremism to terrorism. Extremism is the vocal and active opposition to the essential values that potentially escalate to terrorism wherein violence is used to achieve the desired goals and ends (Scarcella et al. 2016). Terrorism is then defined as the unauthorized or unofficial use of violence and intimidation in pursuit of political, religious, or ideological goals (Scarcella et al. 2016). Here, the individual is interested in the attack itself as well as the impact of the attack on others and the larger community. This can occur as a lone terrorist without command and control from a group, or with support or inspiration from other individuals.

Although many individuals in the campus community feel marginalized, treated unfairly, discriminated against, and unengaged in society, only a small number move toward violence to express these frustrations or to bring about change. Radical thoughts and ideas are not, in and of themselves, dangerous or problematic. There are many examples throughout history of positive contributions from radical individuals and groups. Unfortunately, there are other examples wherein an individual's radical thoughts and ideas transform to embrace violence and intimidation as reasonable actions to reach his or her political, religious, or ideological goals. One of the central goals of this research is to better define the tipping point toward violence.

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Social Connection

Pluralistic Inclusivity

Non-Violent Outlets

Social Safety

**Professional/Academic
Engagement**

Emotional Stability

Global Competence

Perspective Taking

Resilience

**Consequence of
Actions**

Social Connection



Pluralistic Inclusivity





Non-Violent Outlets

Social Safety





Professional & Academic Engagement



Emotional Stability



Global Competence



Perspective Taking



Resilience

Accessible

Flexible Hours

Affordable

Close Proximity

Online Options

Diverse Staff

Supportive of Family

Warm Referral

Follow Up

Obtain Buy-in



Accessible



Flexible Hours

Affordable



A long, straight asphalt road stretches from the foreground into the distance, leading to a flat horizon. The road is flanked by green fields. The sky is filled with large, grey, dramatic clouds. The overall mood is somber and contemplative.

Close Proximity

A man with long hair, a beard, and glasses is sitting at a desk. He is wearing a plaid shirt and is smiling while looking at a smartphone he is holding in his hands. A laptop is open on the desk in front of him. The background is a blurred kitchen area with a white countertop and various items.

Online Options



Diverse Staff



Support Family

Warm Referral





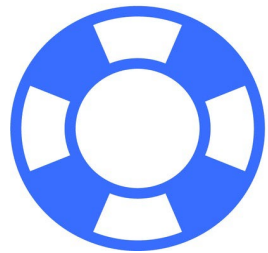
Follow Up

Obtain Buy-in





National Resources for Suicide Help



**American
Foundation
for Suicide
Prevention**

www.afsp.org



nami

National Alliance on Mental Illness

www.nami.org



**THE
TREVOR
PROJECT**
For Young LGBTQ Lives

www.thetrevorproject.org



www.jedfoundation.org



SPRC

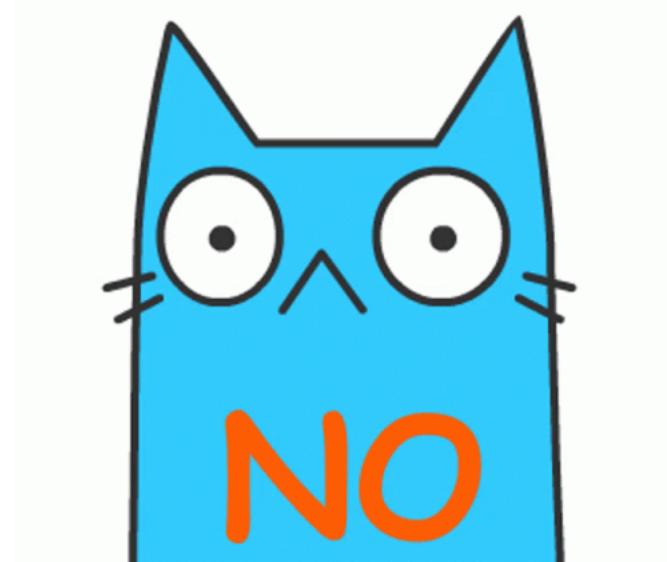
Suicide Prevention
Resource Center

www.sprc.org



www.suicidepreventionlifeline.org

Did you like today's program?



www.dprepsafety.com/feedback

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